

HEIN HAIKU

2023-24

HEIN HAIKU 俳句



DECENDENTS 子孫

Three generations
Making merry memories
Sparkly and so sweet



PUP 俳諧

My puppy-to-be

Now 7 weeks with her Mother

Next week I am Mom



(My beloved puppy)

まだ子犬 5

(と)思っていたら 7

身籠った 5



INNATE 当たり前

Goats and puppy stare
With time they will understand
They and we are one.



ELEMENTS 燃え上がる

Bush, pond, wood amaze....

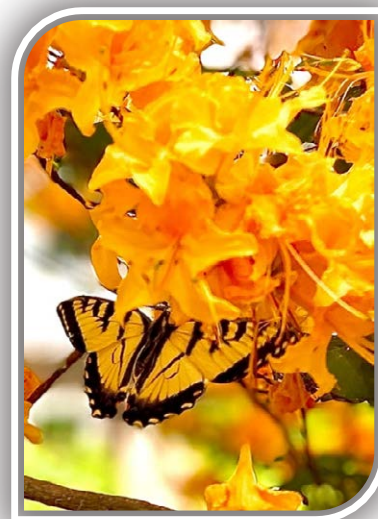
Basic elements of life

For us together.



ABLAZE 燃え上がる

Fleeting brilliance caught.
Azalea & Swallowtail
Flames warming my soul.



ANTICIPATION 期待 Kítai

Garden is planted.
Indígo discovers all.
Land is rain-nourished.



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Shakuhachi Flute 節切尺八



Ancient Zen Bamboo
Alive, wafting o'er water
With time, I will play.



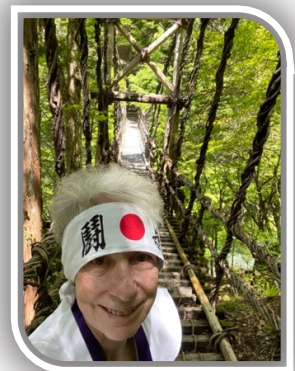


Wabi-Sabi (侘寂)

Shinto is for living 神道

Buddhism for after death. 仏教(ぶっきょう)

"Fighting Spirit" now! 闘志





chi iori おはよう

Solo in the mist
Bird chatter breaks the silence
While others still sleep.



“Still I Rise” それでも私は立ち上がる

Helene's jeweled scepter,
Held in such grand tradition,
Anointed for all.



O-Henro-San お遍路さん

Pilgrims we are all.
Wherever we may wander,
The path always winds.



ACQUAINTING 知り合い

Just observing first
Ramona calls her "Blueberry"
Young animals bound.



IMPRESSIONS 印象

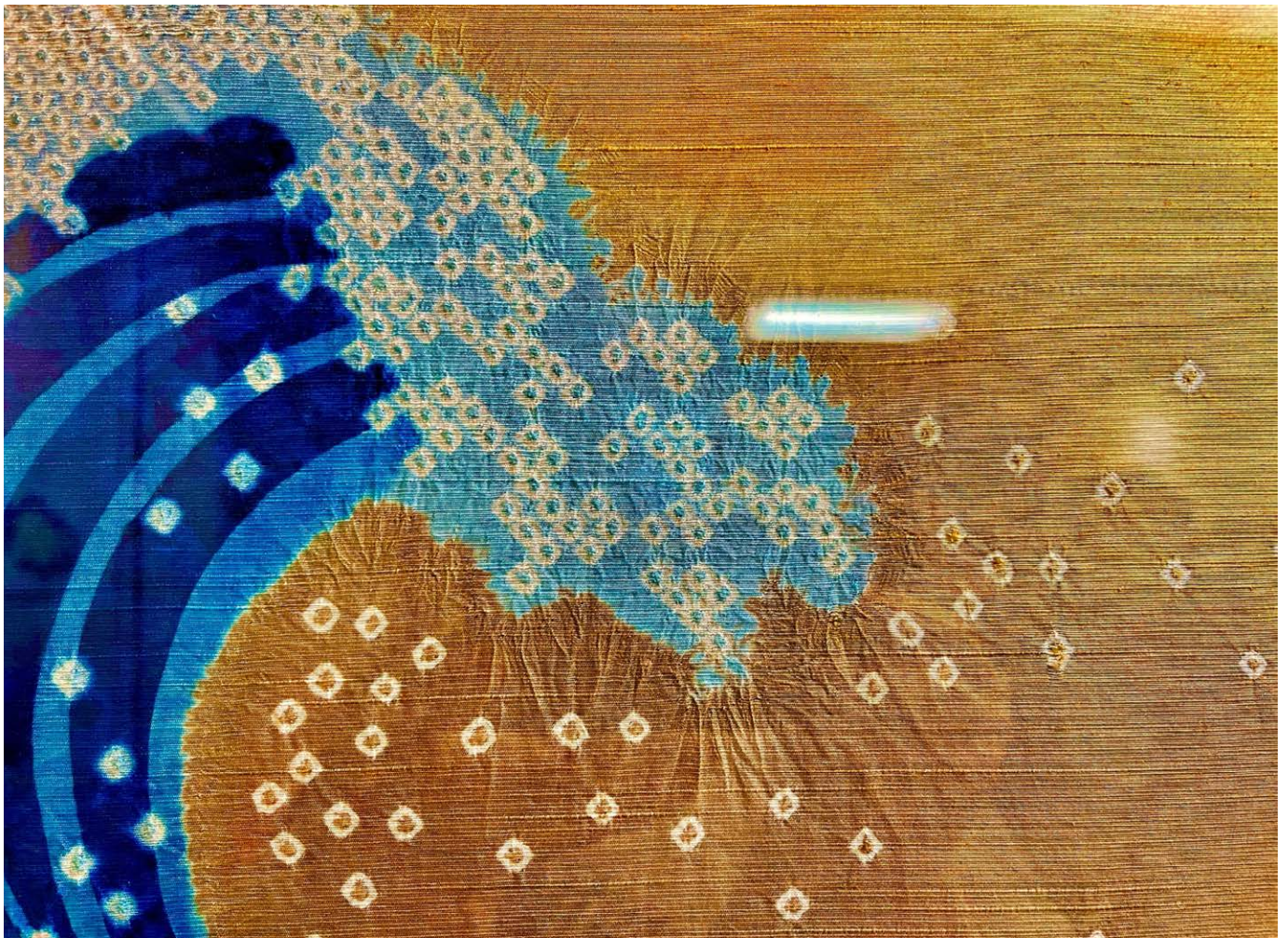
Sugar cookies made,
Puppies imprinted on both
Hands and paws alike





GREEN=BLUE 青と

Green tea, moss, mountain
Indigo turns green to blue



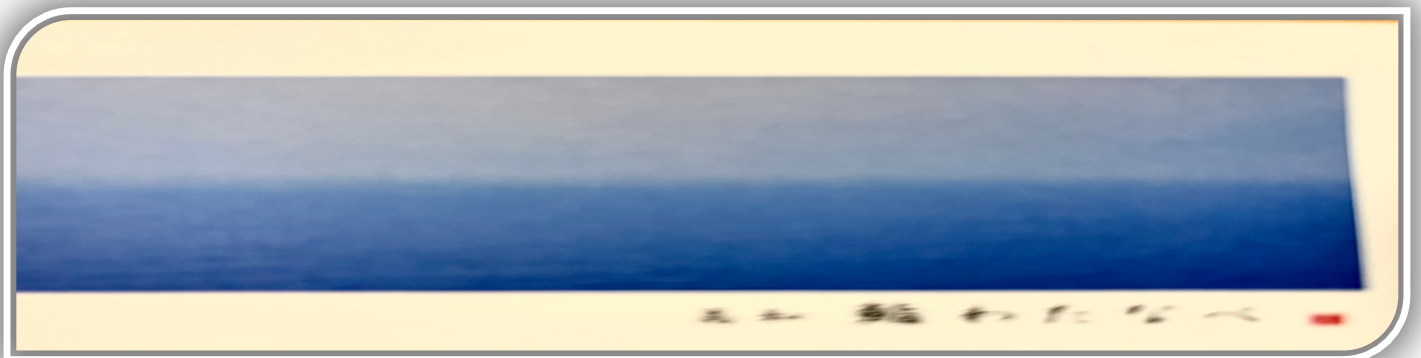
BONITO カツオ

BAMBOO POLE FRESH CAUGHT
SINGED IN RICE-STALK FIRE, JUST-SO
THE SEA AND WEONE.



BEING BLUE 青いこと

80+ yr olds
Reincarnated Puppy,
Blue lasts for ever.



YELLOWSTONE FOREVER

THE SOUND OF SILENCE **Shiin (シーン),**

The sound of Silence

Filled with animals talking,

Standing still to hear.



Blind 鈍感 Donkan

The threat of blindness...

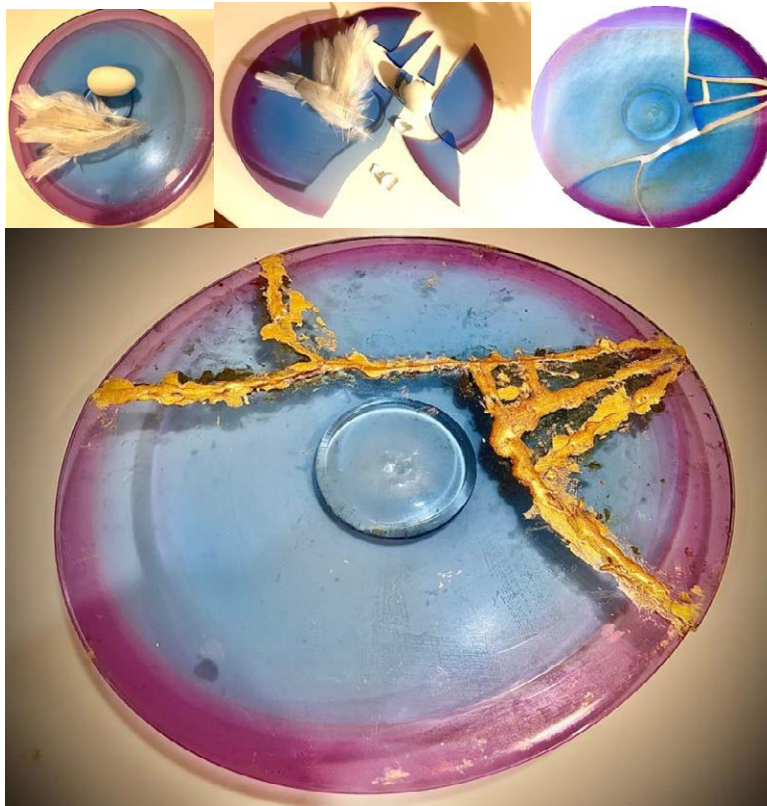
Seeing with one's brain, not eyes

What is important.



Kintsugi 金継ぎ

*Weasel got the hen,
Roundel with blue egg got smashed,
Mended with meaning 🙏*



TURNING 80 年代

NINTH DECADE BEGINS
CURIOUS, OPEN... AWARE
LIVING FULLY NOW.



LEGEND

HEIN HAIKU 俳句 2023-24: Inspired by the Art of Living experienced during my journey through ancient and rural Japan (Kyoto & The Iya Valley on Shikoku Island as part of the Geo Ex small group led by Don George)

DECENDENTS 子孫 Molly and 7 1/2 year old Ramona on the "INTER-dependence" Day holiday weekend in Vermont

PUP 俳諧 Australian Shepherd ("Aussie") puppy, Indigo—born April 14, 2023 to Mom, "Lola" at Breeder, Fran (& Zinny) Swanson's loving home nearby in VT

INNATE 当たり Figuring out the best way to introduce the puppy to the very wary goats to build the right relationship so some day they might live together....can one teach shepherds NOT to herd unless so instructed?

ELEMENTS 燃え上がる so many "firsts" as the puppy observes, sniffs, tastes and relishes in all that abounds around

ABLAZE 燃え上がる How nature dazzle us so with her riveting startling complementary colors and boundless beauty?

ANTICIPATION 期待 Kitai All beings—plants, goats, chickens, puppy and we—nourished by this land, rain, clouds, sky, water in this time of such growth and exuberance.

Shakuhachi Flute 節切尺八 After experiencing dear friend, Richard Evans playing his Shakuhachi bamboo flute at our favorite boulder at Lake Whitingham, that sound has stayed with me....and now, after his (and his wife, Nina, and Ralph's) deaths can I carry on this ancient Zen Buddhist tradition?

Wabi-Sabi (侘寂) Living in sync with the natural world....Shinto and Buddhist ways resonate as I wear and live my "Fighting Spirit" headband in Japan and at home

Chi Iori おはよう Iya valley lovingly restored 300 year old restored farmhouse where we all slept together on the ancient wooden floors and I crept out to walk alone in the company of the sunrising through misty mountains

"Still I Rise" それでも私は立ち上がる witnessing dear friend and greatly admired colleague, Helene Gayle at her Investiture as President of Spelman College

O-Henro-San お遍路さん Pilgrims on Shikoku's 88 Buddhist Temple journey wear their Henro jacket, pointed hat & walking stick taking months, years or a lifetime to complete the circuit. Don George and I say our prayer and give our offerings

ACQUAINTING 知り合い Gazing, observing, spending quiet time together...the best way of getting to know one another deeply—and also playing!

IMPRESSIONS 印象 Ramona overcame her reluctance about puppies in her own way— a book about "Blueberry," making farm animal sugar cookies & making up stories about everything and everybody around her and in her imagination.

BONITO カツオ In an instant---from life to death to food to food-for-thought

GREEN=BLUE 青と緑 Magic of green indigo dye-bath oxidizing to Blue

BEING BLUE 青いこと where water and sky meet

THE SOUND OF SILENCE (シーン), : Lessons learned from a splendid week in the Northern Yellowstone wilderness at The Lamar Buffalo Ranch led by Inter-species Animal Communications expert George Bumann

BLIND 鈍感: Sudden unexpected progression of my previously stable "Moderate dry age-related Macular Degeneration" to more serious "WET Form" (Fluid accumulation under the retina of both eyes causing visual impairment, requiring monthly injections...possibly reversible if due to the high elevation (>8,000ft) for a week causing hypoxia...time will tell.

KINTSUGI 金継ぎ Japanese technique of repairing broken objects with gold flecks and glue to reveal the hidden and extra meaning of fragility and wholeness.

TURNING 80 年代: My 9th decade began on February 2, 2024, with a month of various gatherings of family and friends then continuing for the whole year of my giving away about 200 of my handmade garments in the Alaskan Indigenous tradition of sharing possessions as a form of celebration and gratitude. The Painting of, "Moon Phases and Tidal Bore" is by my friend Ann Kremers and the Illustration is from Ste. Exupery's "The Little Prince."